

**S1 Table.** Nonparametric Spearman rank-order correlations between religious/spiritual importance (at Yr35) and each quantitative variable included in the religiosity/spirituality (R/S) survey for full sample and subgroup categories reflecting risk status and generation.

All Quantitative Yr35 (Templeton Study) Variables							Correlation <sup>b</sup> of Each Quantitative Yr35 Variable With 'Current Religious/Spiritual Importance'									
							Yr35		High Risk		Low Risk		G2		G3	
Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
R/S_IMPORTANCE	Personal importance of religion/spirituality.	281	3.2	1	2	5	–	–	1	176	1	104	1	140	1	99
BEL_SALIENCE_3	I am frequently aware of God in a personal way.	281	4.8	2	1	7	-.75****	280	-.74****	175	-.78****	104	-.71****	139	-.76****	99
BEL_SALIENCE_1	My religious beliefs are what lie behind my whole approach to life.	281	4.2	1.9	1	7	-.74****	280	-.77****	175	-.67****	104	-.68****	139	-.81****	99
BEL_SALIENCE_2	My religious beliefs provide meaning and purpose to life.	281	4.5	1.9	1	7	-.73****	280	-.75****	175	-.68****	104	-.65****	139	-.80****	99
REL_ENGAGE_1	I pray privately (for myself, for others).	280	2.4	1.1	1	4	.71****	279	.73****	175	.64****	103	.71****	139	.67****	99
INTRINS_REL_2	My religious beliefs are what really lie behind my whole approach to life.	282	2.9	1.4	1	5	-.68****	281	-.72****	176	-.60****	104	-.69****	140	-.68****	99
INTRINS_REL_1	In my life, I experience the presence of the Divine (i.e., God).	278	3.2	1.3	1	5	-.67****	277	-.69****	173	-.62****	103	-.65****	138	-.69****	97
INTRINS_REL_3	I try hard to carry my religion over into all other dealings in life.	282	2.7	1.3	1	5	-.66****	281	-.64****	176	-.70****	104	-.63****	140	-.71****	99
REL_ENGAGE_3	In my private area, religious symbols are important to me.	281	3	1	1	4	.61****	280	-.58****	175	.66****	104	.56****	140	.65****	99
REL_COPING_5	Trusted that God would be by my side.	139	3.1	0.9	1	4	-.60****	138	-.62****	86	-.57****	52	-.61****	71	-.68****	40
SELF_TRANS_16	Religious experiences have helped me to understand the real purpose of my life.	281	2.7	1.4	1	5	-.60****	280	-.63****	175	-.53****	104	-.51****	140	-.71****	98
SELF_TRANS_17	I believe that all life depends on some spiritual order or power that cannot be completely explained.	282	3.2	1.4	1	5	-.58****	281	-.66****	176	-.40****	104	-.57****	140	-.54****	99
REL_ENGAGE_2	I go to church/mosque/synagogue (a religious house of worship).	281	2.9	1	1	4	.55****	280	-.53****	175	.59****	104	.50****	139	.57****	99
REL_COPING_6	Looked to God for strength, support, and guidance.	138	3.2	0.9	1	4	-.54****	137	-.53****	86	-.55****	51	-.56****	70	-.45****	40

\*\*\*\*p < .0001. \*\*\*p < .005. \*\*p < .01. \*p < .05. ns = not significant.

<sup>a</sup>Only ordinal (including dichotomous) variables were eligible for this list. <sup>b</sup>Spearman rank-order correlation coefficient (*rho*). <sup>c</sup>The entire table is sorted for column Yr35 in descending order of absolute magnitude (i.e., "sign-free").

All Quantitative Yr35 (Templeton Study) Variables

Correlation<sup>b</sup> of Each Quantitative Yr35 Variable With  
'Current Religious/Spiritual Importance'

Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	Yr35		High Risk		Low Risk		G2		G3	
							<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
REL_ENGAGE_4	I participate in religious events (e.g., religious congregations).	277	3.1	0.9	1	4	.53****	276	.49****	173	.59****	102	.43****	138	.58****	98
REL_ATTENDANCE	Religious attendance (current -- reported by self at Wave 7)	281	3.8	1.4	2	6	-.52****	280	-.74****	175	-.60****	104	-.44****	139	-.51****	99
BEL_SALIENCE_5	Being a religious person is important to me.	279	4.2	1.9	1	7	-.52****	278	-.42****	173	-.68****	104	-.49****	138	-.53****	98
FORGIVE_3	I know that God forgives me.	275	3.1	0.9	1	4	-.50****	274	-.60****	172	-.31***	102	-.48****	135	-.52****	97
SELF_TRANS_4	I think that most things that are called miracles are just chance.	280	2.8	1.3	1	5	.50****	279	.62****	174	.27**	104	.53****	138	.47****	99
SELF_TRANS_7	Sometimes I have felt my life was being directed by a spiritual force greater than any human being.	281	2.9	1.4	1	5	-.50****	280	-.53****	176	-.43****	103	-.54****	139	-.52****	99
SELF_TRANS_14	I have had personal experiences in which I have felt in contact with a divine and wonderful spiritual power.	282	2.6	1.5	1	5	-.49****	281	-.58****	176	-.31***	104	-.51****	140	-.41****	99
REL_COPING_4	Sought God's love and care.	139	3	0.9	1	4	-.49****	138	-.54****	86	-.39***	52	-.42***	71	-.63****	40
UNIVERSALITY_6	I believe that death is a doorway to another plane of existence.	280	3.5	1.1	1	5	-.43****	279	-.45****	175	-.40****	103	-.40****	139	-.50****	98
UNIVERSALITY_7	I believe there is a larger plan to life.	280	3.6	1.1	1	5	-.41****	279	-.46****	174	-.30***	104	-.44****	138	-.40****	99
BEL_SALIENCE_4	I allow my religious beliefs to influence other areas of my life.	281	4	1.8	1	7	-.41****	280	-.36****	175	-.51****	104	-.41****	139	-.44****	99
REL_COPING_3	Tried to see how God might be trying to strengthen me in this situation.	139	2.8	1	1	4	-.38****	138	-.35***	86	-.44***	52	-.47****	71	-.51***	40
CONGREG_w7	Do you belong to a religious congregation (e.g., a church, synagogue)? (Wave 7)	282	1.5	0.5	1	2	.38****	281	.31****	1761	.51****	104	.32****	140	.39****	99
REL_COPING_2	Tried to find a lesson from God in the event.	139	2.6	1	1	4	-.38****	138	-.43****	86	-.29*	52	-.44****	71	-.47***	40
UNIVERSALITY_5	I believe that there is a larger meaning to life.	281	3.8	1	1	5	-.38****	280	-.45****	175	-.24*	104	-.44****	139	-.37***	99
SP_NATURE_7	Being in nature is my favorite place to talk to God.	281	2.7	1.1	1	5	-.37****	280	-.44****	176	-.25**	103	-.29***	139	-.35***	99

\*\*\*\*p < .0001. \*\*\*p < .005. \*\*p < .01. \*p < .05. ns = not significant.

<sup>a</sup>Only ordinal (including dichotomous) variables were eligible for this list. <sup>b</sup>Spearman rank-order correlation coefficient (*rho*). <sup>c</sup>The entire table is sorted for column Yr35 in descending order of absolute magnitude (i.e., "sign-free").

All Quantitative Yr35 (Templeton Study) Variables

Correlation<sup>b</sup> of Each Quantitative Yr35 Variable With  
'Current Religious/Spiritual Importance'

Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	Yr35		High Risk		Low Risk		G2		G3	
							<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
SELF_TRANS_23	I think it is unwise to believe in things that cannot be explained scientifically.	281	2.5	1.3	1	5	.37****	280	.40****	176	.31***	103	.28***	140	.43****	98
SELF_TRANS_6	I sometimes feel a spiritual connection to other people that I cannot explain in words.	282	3.1	1.4	1	5	-.37****	281	-.40****	176	-.32***	104	-.47****	140	-.35***	99
REL_COPING_1	Saw my situation as part of God's plan.	139	2.5	1.1	1	4	-.35****	138	-.39***	86	-.26 ns	52	-.33**	71	-.64****	40
REL_SUPPORT_1	If you were ill, how much would the people in your congregation help you out?	126	2.6	1.1	1	4	-.35****	126	-.36***	75	-.37**	51	-.33**	62	-.52***	38
SP_NATURE_2	I sense God's presence more in nature than I do anywhere else.	282	3.1	1.3	1	5	-.34****	281	-.38****	176	-.25*	104	-.31***	140	-.39****	99
REL_SUPPORT_2	If you had a problem or were faced with a difficult situation, how much comfort would the people in your congregation be willing to give you?	126	2.7	1	1	4	-.31***	126	-.34***	75	-.33*	51	-.32*	62	-.37*	38
SELF_TRANS_25	I have had experiences that made my role in life so clear to me that I felt very excited and happy.	281	2.9	1.3	1	5	-.31****	280	-.31***	176	-.31***	103	-.34****	140	-.37***	98
SELF_TRANS_8	I have had moments of great joy in which I suddenly had a clear, deep feeling of oneness with all that exists.	282	3	1.3	1	5	-.30****	281	-.29****	176	-.34***	104	-.44****	140	-.26**	99
SELF_TRANS_10	I often feel a strong spiritual or emotional connection with all the people around me.	281	2.8	1.2	1	5	-.29****	280	-.35****	176	-.19 ns	103	-.28***	139	-.35***	99
ALTRUISM_3	My thoughts are with those in need.	279	3.2	0.7	1	4	-.29****	278	-.27***	174	-.34***	103	-.30***	139	-.32***	97
SELF_TRANS_26	Reports of mystical experiences are just wishful thinking.	282	2.6	1.2	1	5	.29****	281	.32***	176	.24*	104	.26***	140	.29***	99
SELF_TRANS_15	Often when I look at an ordinary thing, something wonderful happens -- I get the feeling that I am seeing it fresh for the first time.	281	2.5	1.3	1	5	-.27****	280	-.24***	176	-.35***	103	-.25***	139	-.26**	99
SELF_TRANS_13	I often feel like I am a part of the spiritual force on which all life depends.	282	2.1	1.2	1	5	-.26****	281	-.38****	176	-.07 ns	104	-.35****	140	-.23*	99
UNIVERSALITY_9	I believe that on some level my life is intimately tied to all of humankind.	282	3.2	1	1	5	-.26****	281	-.29***	176	-.22*	104	-.15 ns	140	-.34***	99

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Correlation<sup>b</sup> of Each Quantitative Yr35 Variable With  
'Current Religious/Spiritual Importance'

Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	Yr35		High Risk		Low Risk		G2		G3	
							<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
COMPASSION_4	I feel sorry for someone who is in trouble even when they caused the problem that faces them.	280	2.7	0.7	1	4	-.25****	279	-.23***	175	-.30***	103	-.19*	139	-.30***	99
SELF_TRANS_18	I often feel so connected to the people around me that it is like there is no separation between us.	281	2.4	1.2	1	5	-.24****	280	-.33****	175	-.06 ns	104	-.31***	140	-.17 ns	98
CONT_PRACT_Medit_Da ys_w6b	On average, how often do you meditate, in terms of days per month?	273	2.9	7.2	0	30	-.24****	272	-.28***	172	-.17 ns	99	-.24**	134	-.16 ns	98
VOLUNTEER	How often do you spend working time in programs, whether through a religious organization or not.	281	5	1.4	1	6	.23****	280	.20**	175	.31***	104	.22*	140	.24*	99
UNIVERSALITY_3	There is a higher plane of <i>consciousness</i> or spirituality that binds all people.	280	3.3	1	1	5	-.22***	279	-.30****	174	-.06 ns	104	-.24***	139	-.22*	98
COMPASSION_3	It's not enough to feel sorry for someone who is in trouble: Whenever it is possible, I must also do something to help them.	281	2.9	0.7	1	4	-.22***	280	-.28***	175	-.13 ns	104	-.18*	139	-.29***	99
ONT_LOVE_4	Love for love's sake brings the greatest happiness.	282	3.8	0.9	1	5	-.21***	281	-.29****	176	-.11 ns	104	-.11 ns	140	-.37***	99
ALTRUISM_5	I feel connected with others.	281	3.1	0.7	1	4	-.21***	280	-.27***	175	-.08 ns	104	-.12 ns	140	-.27**	98
SELF_TRANS_1	I often feel a strong sense of unity with all the things around me.	280	3.6	1	1	5	-.20***	279	-.26***	175	-.07 ns	103	-.19*	139	-.19 ns	99
UNIVERSALITY_8	There is an order to the universe that transcends human thinking.	282	3.6	0.9	1	5	-.20***	281	-.22***	176	-.20*	104	-.09 ns	140	-.27**	99
FORGIVE_2	I have forgiven those who have hurt me.	281	2.9	0.6	1	4	-.20***	280	-.18*	175	-.25*	104	-.09 ns	139	-.29***	99
SOC_LOVE_4	The best kind of love is given freely.	279	4.3	0.7	1	5	-.20**	278	-.23***	174	-.15 ns	103	-.17 ns	137	-.20*	99
CONT_PRACT_Medit_Mo s_w6b	How many months have you been practicing meditation?	263	9.9	36.2	0	324	-.19**	262	-.24***	163	-.11 ns	98	-.24**	131	-.16 ns	98
ALTRUISM_1	I help others.	282	3.5	0.6	2	4	-.19**	281	-.22***	176	-.14 ns	104	-.16 ns	140	-.23*	99
PSYC_LOVE_1	Feeling loved is my greatest source of happiness.	281	4	0.9	1	5	-.19**	280	-.30****	175	.00 ns	104	-.14 ns	140	-.30***	98

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All Quantitative Yr35 (Templeton Study) Variables

Correlation<sup>b</sup> of Each Quantitative Yr35 Variable With  
'Current Religious/Spiritual Importance'

Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	Yr35		High Risk		Low Risk		G2		G3	
							<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
SOC_LOVE_2	Even strangers deserve our full respect.	282	4	0.8	1	5	-.18**	281	-.23***	176	-.10 ns	104	-.14 ns	140	-.35***	99
ECO_AWARE_2	I believe there is a connection between all living things that I cannot see but can sense.	280	4.1	1.4	1	6	-.18**	279	-.25***	174	-.07 ns	104	-.25***	139	-.07 ns	99
ONT_LOVE_2	Experiencing love helps me feel at one with the universe.	282	3.4	1	1	5	-.18**	281	-.22***	176	-.10 ns	104	-.12 ns	140	-.23*	99
COMPASSION_1	When I see someone in a difficult situation I try to imagine how they feel.	281	3.3	0.6	1	4	-.18**	280	-.20**	175	-.16 ns	104	-.27***	139	-.09 ns	99
SELF_TRANS_2	Often I have unexpected flashes of insight or understanding while relaxing.	282	3.4	1.2	1	5	-.18**	281	-.15*	176	-.25**	104	-.27***	140	-.06 ns	99
ONT_LOVE_1	When I feel loved, I feel complete peace of mind.	282	3.9	0.9	1	5	-.17**	281	-.18*	176	-.13 ns	104	-.06 ns	140	-.32***	99
ALTRUISM_2	I consider the needs of others.	281	3.5	0.6	2	4	-.17**	280	-.19*	176	-.13 ns	103	-.22*	140	-.11 ns	99
GRATITUDE_2	If I had to list everything that I felt grateful for, it would be a very long list.	281	3.5	0.7	1	4	-.17**	280	-.23**	176	-.05 ns	103	-.16 ns	140	-.13 ns	99
UNIVERSALITY_4	Although individual people may be difficult, I feel an emotional bond with all of humanity.	281	3.1	1	1	5	-.16**	280	-.17*	175	-.15 ns	104	-.12 ns	140	-.16 ns	99
SELF_TRANS_3	I sometimes feel so connected to nature that everything seems to be part of one living process.	282	3.2	1.2	1	5	-.16**	281	-.14 ns	176	-.20*	104	-.24***	140	-.05 ns	99
ALTRUISM_6	I work voluntarily for others.	282	2.9	0.9	1	4	-.15*	281	-.21**	176	-.01 ns	104	-.11 ns	140	-.13 ns	99
ONT_LOVE_3	When I'm kind, good things usually happen to me in return.	282	3.7	1	1	5	-.14*	281	-.17*	176	-.10 ns	104	-.08 ns	140	-.19 ns	99
GRATITUDE_1	I have much in life to be grateful for.	282	3.7	0.5	1	4	-.13*	281	-.16*	176	-.06 ns	104	-.15 ns	140	-.12 ns	99
SP_NATURE_6	Experiences in nature have fostered my spiritual growth.	281	2.9	1.2	1	5	-.13*	280	-.19*	175	-.05 ns	104	-.12 ns	140	-.07 ns	98
SOC_LOVE_1	I have always been a devoted friend.	282	4.1	0.9	1	5	-.13*	281	-.17*	176	-.02 ns	104	-.06 ns	140	-.27**	99
SOC_LOVE_3	For a friend in need, I would sacrifice almost anything.	282	3.8	0.9	1	5	-.12*	281	-.15 ns	176	-.07 ns	104	-.23**	140	-.12 ns	99

\*\*\*\*p < .0001. \*\*\*p < .005. \*\*p < .01. \*p < .05. ns = not significant.

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Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	Yr35		High Risk		Low Risk		G2		G3	
							<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
SP_NATURE_3	I usually feel more comfortable talking/thinking through my problems in nature.	282	3.2	1.1	1	5	-.12*	281	-.09 <i>ns</i>	176	-.21*	104	-.12 <i>ns</i>	140	-.03 <i>ns</i>	99
PSYC_LOVE_2	Feeling loved takes away all my fear.	282	3.5	1	1	5	-.12 <i>ns</i>	281	-.19*	176	.03 <i>ns</i>	104	-.10 <i>ns</i>	140	-.13 <i>ns</i>	99
SELF_TRANS_22	I would gladly risk my own life to make the world a better place.	280	2.8	1.2	1	5	-.11 <i>ns</i>	279	-.17*	175	-.02 <i>ns</i>	103	-.14 <i>ns</i>	138	-.05 <i>ns</i>	99
PSYC_LOVE_4	Without having others to love, life wouldn't be worth living.	281	3.6	1.1	1	5	-.11 <i>ns</i>	280	-.15 <i>ns</i>	175	-.06 <i>ns</i>	104	-.07 <i>ns</i>	139	-.18 <i>ns</i>	99
SP_NATURE_5	I feel more appreciated in nature than I do anywhere else.	282	2.7	1.1	1	5	-.10 <i>ns</i>	281	-.10 <i>ns</i>	176	-.12 <i>ns</i>	104	-.05 <i>ns</i>	140	-.13 <i>ns</i>	99
SOC_SUPPORT_2	How often do your family and friends talk with you about your private problems and concerns?	282	2.9	0.9	1	4	-.10 <i>ns</i>	281	-.14 <i>ns</i>	176	-.02 <i>ns</i>	104	-.08 <i>ns</i>	140	-.13 <i>ns</i>	99
ALTRUISM_4	I do good.	281	3.5	0.5	2	4	-.09 <i>ns</i>	280	-.14 <i>ns</i>	175	-.01 <i>ns</i>	104	.02 <i>ns</i>	140	-.24*	99
SP_NATURE_4	Spending time in nature helps me to understand my purpose in life.	281	3	1.1	1	5	-.08 <i>ns</i>	280	-.02 <i>ns</i>	176	-.21*	103	-.05 <i>ns</i>	140	-.05 <i>ns</i>	98
ECO_AWARE_5	I believe that nature should be respected.	280	5.4	0.7	4	6	.08 <i>ns</i>	279	.08 <i>ns</i>	175	.05 <i>ns</i>	103	.14 <i>ns</i>	140	.05 <i>ns</i>	98
ECO_AWARE_6	At times, I feel at one with the universe.	280	3.5	1.4	1	6	-.08 <i>ns</i>	279	-.09 <i>ns</i>	175	-.07 <i>ns</i>	103	-.06 <i>ns</i>	140	-.12 <i>ns</i>	99
GRATITUDE_3	I am grateful to a wide variety of people.	282	3.4	0.7	1	4	-.08 <i>ns</i>	281	-.15*	176	.06 <i>ns</i>	104	-.04 <i>ns</i>	140	-.18 <i>ns</i>	99
COMPASSION_2	I feel compelled to help someone even when doing so requires me to go out of my way.	281	3.2	0.7	1	4	-.07 <i>ns</i>	280	-.08 <i>ns</i>	175	-.04 <i>ns</i>	104	-.07 <i>ns</i>	139	-.07 <i>ns</i>	99
UNIVERSALITY_1	I feel that on a higher level all of us share a common bond.	281	3.5	1	1	5	-.07 <i>ns</i>	280	-.08 <i>ns</i>	175	-.07 <i>ns</i>	104	-.04 <i>ns</i>	140	-.04 <i>ns</i>	99
SOC_SUPPORT_1	How often do your family members and friends let you know they love and care for you?	282	3.4	0.8	1	4	-.07 <i>ns</i>	281	-.16*	176	.09 <i>ns</i>	104	-.11 <i>ns</i>	140	-.02 <i>ns</i>	99
SELF_TRANS_20	I often do things to help protect animals and plants from extinction.	282	2.9	1.3	1	5	-.06 <i>ns</i>	281	-.04 <i>ns</i>	176	-.11 <i>ns</i>	104	.02 <i>ns</i>	140	-.06 <i>ns</i>	99
SELF_TRANS_19	I am often called 'absent-minded' because I get so wrapped up in what I am doing that I lose track of everything else.	282	2	1.2	1	5	-.06 <i>ns</i>	281	-.02 <i>ns</i>	176	-.12 <i>ns</i>	104	-.06 <i>ns</i>	140	-.12 <i>ns</i>	99

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Correlation<sup>b</sup> of Each Quantitative Yr35 Variable With  
'Current Religious/Spiritual Importance'

Variable Name <sup>a</sup>	Label	N	M	SD	Min	Max	Yr35		High Risk		Low Risk		G2		G3	
							<i>rho</i> <sup>c</sup>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n	<i>rho</i>	n
SELF_TRANS_11	I have made real personal sacrifices in order to make the world a better place --like trying to prevent war, poverty, and injustice.	282	2.4	1.2	1	5	-.05 <i>ns</i>	281	-.10 <i>ns</i>	176	.03 <i>ns</i>	104	-.06 <i>ns</i>	140	.05 <i>ns</i>	99
PSYC_LOVE_3	As long as I can remember, I have always been loved.	280	4	1	1	5	.05 <i>ns</i>	279	-.04 <i>ns</i>	176	.24*	102	.04 <i>ns</i>	139	.03 <i>ns</i>	99
SELF_TRANS_5	Sometimes I have felt like I was part of something with no limits or boundaries in time and space.	280	2.7	1.2	1	5	-.05 <i>ns</i>	279	-.02 <i>ns</i>	176	-.13 <i>ns</i>	102	-.11 <i>ns</i>	139	.01 <i>ns</i>	99
SELF_TRANS_12	It often seems to other people like I am in another world because I am so completely unaware of things going on around me.	282	1.8	1.2	1	5	.04 <i>ns</i>	281	.10 <i>ns</i>	176	-.10 <i>ns</i>	104	-.02 <i>ns</i>	140	.04 <i>ns</i>	99
ECO_AWARE_4	The earth is sacred.	281	5	1.1	1	6	-.04 <i>ns</i>	280	-.07 <i>ns</i>	175	.01 <i>ns</i>	104	.07 <i>ns</i>	139	-.18 <i>ns</i>	99
FORGIVE_1	I have forgiven myself for things I have done wrong.	281	3	0.7	1	4	-.04 <i>ns</i>	280	-.06 <i>ns</i>	175	.01 <i>ns</i>	104	.06 <i>ns</i>	139	-.14 <i>ns</i>	99
UNIVERSALITY_2	All life is interconnected.	282	3.7	0.9	1	5	-.04 <i>ns</i>	281	-.07 <i>ns</i>	176	.02 <i>ns</i>	104	-.03 <i>ns</i>	140	.00 <i>ns</i>	99
ECO_AWARE_1	I feel in harmony with nature.	276	4	1.3	1	6	-.03 <i>ns</i>	275	-.04 <i>ns</i>	174	-.03 <i>ns</i>	100	-.02 <i>ns</i>	138	.03 <i>ns</i>	98
CONT_PRACT_MindBody_Days_w6b	On average, how often do you do a mind-body practice (yoga, qigong, etc.), in terms of days per month?	272	1.7	4.9	0	30	.03 <i>ns</i>	271	.01 <i>ns</i>	168	.05 <i>ns</i>	102	-.02 <i>ns</i>	134	-.02 <i>ns</i>	98
SOC_SUPPORT_3	How often do your family and friends express interest and concern in your well-being?	280	3.1	0.9	1	4	-.03 <i>ns</i>	279	-.12 <i>ns</i>	175	.13 <i>ns</i>	103	-.01 <i>ns</i>	140	-.02 <i>ns</i>	99
SELF_TRANS_24	Often I become so involved in what I am doing that I forget where I am for a while.	280	2.1	1.2	1	5	.01 <i>ns</i>	279	.01 <i>ns</i>	174	.01 <i>ns</i>	104	-.03 <i>ns</i>	138	-.05 <i>ns</i>	99
CONT_PRACT_MindBody_Mos_w6b	How many months have you been doing mind-body practices?	267	9.5	34.1	0	300	.01 <i>ns</i>	266	-.06 <i>ns</i>	166	.13 <i>ns</i>	99	-.05 <i>ns</i>	132	-.05 <i>ns</i>	98
ECO_AWARE_3	I believe that all living creatures deserve respect.	281	5.1	1	1	6	-.01 <i>ns</i>	280	-.03 <i>ns</i>	176	.01 <i>ns</i>	103	.03 <i>ns</i>	140	.00 <i>ns</i>	99
SELF_TRANS_21	I have a vivid imagination.	281	3.4	1.2	1	5	.00 <i>ns</i>	280	-.02 <i>ns</i>	176	.03 <i>ns</i>	104	.05 <i>ns</i>	139	-.11 <i>ns</i>	99
SELF_TRANS_9	I often become so fascinated with what I'm doing that I get lost in the moment -- like I'm detached from time and place.	282	2.9	1.3	1	5	.00 <i>ns</i>	281	.09 <i>ns</i>	176	-.17 <i>ns</i>	104	-.11 <i>ns</i>	140	-.02 <i>ns</i>	99

\*\*\*\*p < .0001. \*\*\*p < .005. \*\*p < .01. \*p < .05. *ns* = not significant.

<sup>a</sup>Only ordinal (including dichotomous) variables were eligible for this list. <sup>b</sup>Spearman rank-order correlation coefficient (*rho*). <sup>c</sup>The entire table is sorted for column Yr35 in descending order of absolute magnitude (i.e., "sign-free").

\*\*\*\*p < .0001. \*\*\*p < .005. \*\*p < .01. \*p < .05. ns = not significant.

<sup>a</sup>Only ordinal (including dichotomous) variables were eligible for this list. <sup>b</sup>Spearman rank-order correlation coefficient (*rho*). <sup>c</sup>The entire table is sorted for column Yr35 in descending order of absolute magnitude (i.e., “sign-free”).

**S2 Table.** Comparison of PCA solutions (factor loadings) using Tucker's Congruence Coefficient.

Generation 2 subset ( $n = 141$ )										
	1	2	3	4	5	6	7	8	9	10
1	<b>0.988</b>	0.237	0.344	0.286	0.239	0.212	0.267	0.209	0.370	0.081
2	0.237	<b>0.978</b>	0.524	0.352	0.192	0.112	0.114	0.206	0.366	0.187
3	0.378	0.603	<b>0.943</b>	0.440	0.285	0.269	0.216	0.187	0.465	0.283
4	0.248	0.195	0.252	0.293	<b>0.968</b>	0.224	0.188	0.409	0.279	0.040
5	0.258	0.360	0.286	<b>0.941</b>	0.289	0.367	0.231	0.263	0.258	0.100
6	0.249	0.099	0.174	0.242	0.175	0.519	<b>0.956</b>	0.209	0.193	-0.110
7	0.170	0.097	0.218	0.363	0.224	<b>0.926</b>	0.495	0.097	0.180	-0.057
8	0.117	0.264	0.362	0.129	0.047	-0.036	-0.105	0.154	0.140	<b>0.923</b>
9	0.391	0.330	0.364	0.130	0.194	0.195	0.184	0.228	0.805	0.080
10	0.224	0.407	0.369	0.194	0.205	0.211	0.171	0.091	0.695	0.027
Generation 3 subset ( $n = 99$ )										
	1	2	3	4	5	6	7	8	9	10
1	<b>0.978</b>	0.181	0.439	0.204	0.138	0.287	0.204	0.176	0.287	0.034
2	0.181	<b>0.960</b>	0.480	0.429	-0.006	0.447	0.159	0.016	0.273	0.309
3	0.271	0.626	0.422	0.846	0.071	0.721	0.214	0.098	0.327	0.393
4	0.276	0.236	0.236	0.189	0.052	0.179	<b>0.908</b>	0.168	0.208	0.169
5	0.309	0.290	0.255	0.360	0.185	0.259	0.269	0.247	<b>0.923</b>	0.147
6	0.288	-0.004	0.127	0.166	0.484	0.118	0.146	<b>0.882</b>	0.213	-0.090
7	0.191	0.035	0.083	0.242	<b>0.917</b>	0.108	0.085	0.409	0.192	-0.092
8	0.051	0.391	0.235	0.237	-0.182	0.468	0.102	-0.044	0.193	0.846
9	0.356	0.348	<b>0.882</b>	0.278	-0.015	0.338	0.106	0.097	0.227	0.228
10	0.172	0.434	0.655	0.412	-0.017	0.299	0.097	0.025	0.188	0.146
High Risk subset ( $n = 151$ )										
	1	2	3	4	5	6	7	8	9	10
1	<b>0.986</b>	0.203	0.365	0.230	0.253	0.075	0.219	0.269	0.270	0.271

2	0.260	<b>0.981</b>	0.453	0.515	0.180	0.346	0.117	0.109	0.277	0.157
3	0.381	0.635	0.477	<b>0.956</b>	0.279	0.472	0.238	0.217	0.313	0.222
4	0.275	0.226	0.224	0.263	<b>0.952</b>	0.163	0.198	0.189	0.301	0.397
5	0.325	0.347	0.262	0.328	0.338	0.151	0.283	0.302	<b>0.952</b>	0.450
6	0.282	0.096	0.189	0.174	0.162	-0.021	0.473	<b>0.956</b>	0.260	0.288
7	0.221	0.101	0.181	0.250	0.190	-0.015	<b>0.934</b>	0.467	0.296	0.191
8	0.098	0.292	0.171	0.348	0.097	<b>0.955</b>	-0.031	-0.046	0.149	0.144
9	0.433	0.324	<b>0.859</b>	0.264	0.125	0.164	0.157	0.159	0.180	0.180
10	0.230	0.427	0.832	0.407	0.117	0.201	0.137	0.133	0.138	0.184
Low Risk subset ( $n = 89$ )										
	1	2	3	4	5	6	7	8	9	10
1	<b>0.955</b>	0.242	0.211	0.143	0.277	0.295	0.244	0.202	0.427	0.017
2	0.197	<b>0.962</b>	0.030	0.013	0.145	0.415	0.406	0.428	0.412	0.130
3	0.290	0.597	0.162	0.207	0.150	0.836	0.470	0.722	0.459	0.178
4	0.234	0.171	0.155	0.173	<b>0.909</b>	0.190	0.178	0.190	0.319	0.038
5	0.218	0.316	0.261	0.321	0.188	0.289	0.179	0.286	0.226	0.178
6	0.214	-0.010	<b>0.920</b>	0.463	0.203	0.140	0.098	0.041	0.218	-0.102
7	0.091	0.051	0.555	<b>0.893</b>	0.137	0.111	0.085	0.095	0.067	-0.107
8	0.118	0.313	-0.116	-0.118	0.029	0.350	0.194	0.395	0.273	0.827
9	0.276	0.387	0.140	0.007	0.288	0.281	0.469	0.296	0.760	0.200
10	0.149	0.398	0.127	0.088	0.215	0.331	<b>0.896</b>	0.361	0.446	0.064

*Note.* Rows of the table represent the first 10 factors extracted in the overall PCA solution ( $N = 282$ ), with the first factor being R/S importance, the second factor being spirituality in nature, etc. (see text and Table 3). The columns represent the first 10 factors of the subgroup PCA solutions, as indicated by the sub-headers. The values in the inner portion of the table reflect Tucker's congruence coefficient  $\varphi$  (Lorenzo & ten Berge, 2006), with values in red representing "equality" ( $\varphi \geq .95$ ) and those in blue representing "fair similarity" ( $\varphi \geq .85$ ).

Table S3

**S3 Table.** Varimax-rotated principal component loadings for questionnaire items at most recent wave (Yr35).

Items ( <i>n</i> = 282 unless otherwise specified)	Factor							
	1 R/S Importance	2 Spirituality in Nature	3 Self- transcendence	4 Altruism	5 Love	6 Gratitude	7 Social Support	8 Mind Wandering
BEL_SALIENCE_2	<b>.844</b>							
BEL_SALIENCE_3	<b>.850</b>							
BEL_SALIENCE_1	<b>.830</b>							
INTRINS_REL_2	<b>.812</b>							
R/S IMPORTANCE	<b>.807</b>							
INTRINS_REL_3	<b>.788</b>							
INTRINS_REL_1	<b>.832</b>					.357		
REL_ENGAGE_1	<b>-.747</b>							
SELF_TRANS_16	<b>.805</b>		.402					
BEL_SALIENCE_5	<b>.598</b>							
REL_ATTENDANCE	<b>.541</b>							
REL_ENGAGE_2	<b>-.566</b>							
REL_ENGAGE_3	<b>-.597</b>		-.329					
FORGIVE_3	<b>.695</b>					.384	.358	
SELF_TRANS_17	<b>.760</b>	.323	.440				.335	
SELF_TRANS_4_Rev	<b>.629</b>						.371	
SELF_TRANS_14	<b>.693</b>		.512				.337	
SELF_TRANS_7	<b>.705</b>	.385	.558					
BEL_SALIENCE_4	<b>.469</b>							
SP_NATURE_3		<b>.822</b>	.365					
SP_NATURE_4		<b>.852</b>	.528					
ECO_AWARE_1		<b>.833</b>	.465					
SP_NATURE_1		<b>.771</b>	.372					

Table S3

SP_NATURE_6		<b>.796</b>	<b>.478</b>				
SP_NATURE_5		<b>.750</b>	<b>.406</b>				
SP_NATURE_2	.425	<b>.695</b>	<b>.363</b>				
SP_NATURE_7	.488	<b>.639</b>	<b>.390</b>				<b>.313</b>
ECO_AWARE_6		<b>.694</b>	<b>.688</b>		<b>.355</b>		
ECO_AWARE_2		<b>.647</b>	<b>.519</b>				
SELF_TRANS_3		<b>.663</b>	<b>.703</b>				
SELF_TRANS_5		<b>.326</b>	<b>.729</b>				
SELF_TRANS_8	<b>.422</b>	<b>.464</b>	<b>.808</b>				
SELF_TRANS_10	<b>.472</b>	<b>.393</b>	<b>.729</b>				<b>.398</b>
SELF_TRANS_18	<b>.462</b>	<b>.377</b>	<b>.735</b>		<b>.326</b>		<b>.325</b>
SELF_TRANS_6	<b>.464</b>	<b>.459</b>	<b>.718</b>				
SELF_TRANS_2		<b>.451</b>	<b>.632</b>				
SELF_TRANS_25	<b>.487</b>	<b>.319</b>	<b>.653</b>				<b>.334</b>
SELF_TRANS_13	<b>.458</b>		<b>.604</b>				<b>.322</b>
SELF_TRANS_1			<b>.589</b>				<b>.484</b>
SELF_TRANS_11			<b>.448</b>				
SELF_TRANS_15	<b>.423</b>	<b>.407</b>	<b>.553</b>				<b>.351</b>
ALTRUISM_1					<b>.763</b>		
ALTRUISM_2					<b>.763</b>		
ALTRUISM_4					<b>.741</b>		
ALTRUISM_3	<b>.313</b>				<b>.717</b>	<b>.327</b>	
ALTRUISM_6					<b>.589</b>		
ALTRUISM_5			<b>.415</b>		<b>.574</b>	<b>.340</b>	<b>.328</b>
PSYC_LOVE_2					<b>.793</b>		
ONT_LOVE_1			<b>.334</b>		<b>.784</b>		
ONT_LOVE_4			<b>.315</b>		<b>.727</b>	<b>.313</b>	
PSYC_LOVE_1					<b>.670</b>		
ONT_LOVE_2		<b>.503</b>	<b>.579</b>		<b>.726</b>		

Table S3

PSYC_LOVE_4				<b>.580</b>	
ONT_LOVE_3		.435		<b>.546</b>	.317
GRATITUDE_2					<b>.857</b>
GRATITUDE_1					<b>.806</b>
GRATITUDE_3					<b>.830</b>
GRATITUDE_4					<b>.772</b>
SOC_SUPPORT_3					<b>.353</b>
SOC_SUPPORT_1					<b>.400</b>
SOC_SUPPORT_2					<b>.357</b>
PSYC_LOVE_3					<b>.337</b>
SELF_TRANS_24					<b>.773</b>
SELF_TRANS_19					<b>.703</b>
SELF_TRANS_12					<b>.705</b>
SELF_TRANS_9		.448			<b>.685</b>
UNIVERSALITY_7	<b>.576</b>				
UNIVERSALITY_6	<b>.551</b>				
UNIVERSALITY_5	.480		.364		
COMPASSION_2				.378	
ECO_AWARE_4		.429			
REL_ENGAGE_4	<b>-.513</b>				
SELF_TRANS_23_Rev	.423				
BEL_SALIENCE_4	<b>.548</b>				
SELF_TRANS_21			.418		.447
SELF_TRANS_20		.448	<b>.487</b>		
UNIVERSALITY_8		.311	.358		
UNIVERSALITY_9	.410	.353	.460		
UNIVERSALITY_2		.338	.386		
UNIVERSALITY_1		.309			
UNIVERSALITY_3	.364	.364	.458		

Table S3

<i>UNIVERSALITY_4</i>		.380	.532		.357	
<i>SOC_LOVE_3</i>				.321	.307	
<i>SOC_LOVE_1</i>				.310	.302	
<i>SOC_LOVE_2</i>				.314		.360
<i>ECO_AWARE_5</i>		.368				
<i>ECO_AWARE_3</i>		.319				
<i>REL_ENGAGE_2</i>	<b>-0.566</b>					
<i>SELF_TRANS_13</i>	.458		<b>.604</b>			.322
<i>SELF_TRANS_22</i>			.374			.300
<i>FORGIVE_1</i>						.334
<i>FORGIVE_2</i>						.337
<i>SOC_LOVE_4</i>					.352	
<i>SELF_TRANS_11</i>			.448			
<i>REL_COPING_1*</i> ( <i>n</i> = 139)	.455					
<i>REL_COPING_2*</i> ( <i>n</i> = 139)	<b>.557</b>					
<i>REL_COPING_3*</i> ( <i>n</i> = 139)	<b>.555</b>					
<i>REL_COPING_4*</i> ( <i>n</i> = 139)	<b>.617</b>					
<i>REL_COPING_5*</i> ( <i>n</i> = 139)	<b>.635</b>					
<i>REL_COPING_6*</i> ( <i>n</i> = 138)	<b>.594</b>					
<i>REL_SUPPORT_1*</i> ( <i>n</i> = 126)	.351					
<i>REL_SUPPORT_2*</i> ( <i>n</i> = 126)	.335					

Correlations in **bold** are loadings > .5. Loadings < .3 are not listed.

\* Variable/item not included in PCA due to missing data. Values listed are Pearson's correlations, which are in this case equivalent to factor loadings. Varimax (Vx) to Promax (Px) comparisons are color coded: **GREEN**:  $.3 \leq Vx \leq .5$ ,  $Px \geq .5$ ; **RED**:  $Vx \geq .5$ ,  $Px \leq .5$ ; **BLUE**:  $Vx \leq .3$ ,  $Px \geq .3$  or  $\geq .5$  (**bolded**); *ITALICS*: not listed in Vx table.